



Parents as Teachers (PAT)

The Parents as Teachers program will give your children a great start. The program includes:

Personal Visits: A special time for you and your child with a certified parent educator.

Parent Workshops: A time with other parents to gain new insights, share experiences, and discuss topics of interest to parents and young children.

Developmental Screenings: A time to check your child's development.

Connection to Community Resources in the Lincoln community.

Family Activities and Support

Stop-n-Play: A playgroup that meets 2-3 times each month for children birth to age five (pre-kindergarten). Age-appropriate activities, snack, and group time are offered during Stop-n-Play.

Special Family Events: A time to meet other parents in the community and have fun playing with your family.

Resource Library: Parenting resources are available in the Center and at Playgroup on topics such as discipline, child care, and the importance of reading and play.

Program Information

Lincoln Parents' Center programs are available to all families residing in the Lincoln community area. There are **no fees** to participate and the programs are available to families who:

- are expecting a new baby
- have a child/children under 5 years old

For more information about enrolling in the programs, call the Center at (217) 735-4192 or mail us the form at right. A certified parent educator will contact you.

The staff at Lincoln Parents' Center looks forward to working with you and your child during these important years of development.



Name _____

Address _____

City/State/Zip _____

Phone _____

E-mail _____

Ages of children _____

Please check all of the following that apply:

I'm interested in Parents as Teachers

I'm interested in Playgroup

I'd like to receive the Monthly Newsletter

Other _____

Please fill out the form above, tear it off and return it to:

Lincoln Parents' Center
 ADI Education Center
 305 N. Kickapoo St.
 Lincoln, IL 62656



or call (217) 735-4192
 or e-mail lpc@adi.org

Lincoln Parents' Center

The Lincoln Parents' Center was set up by parents for parents to share the joy and challenges of parenthood. LPC was established to support parents of very young children year-round, because parents are the first and most influential teachers of their children.

Give your child the best possible start in life!



Lincoln Parents' Center

Building Strong Families in Logan County



Academic Development Institute

Lincoln Parents' Center
ADI Education Center
305 N. Kickapoo St.
Lincoln, Illinois 62656
217.735.4192 (phone)
217.732.7906 (fax)
lpc@adi.org

*Raising children is the most important job
in a parent's life, but support for parents
is not always easy to find.*

Academic Development Institute